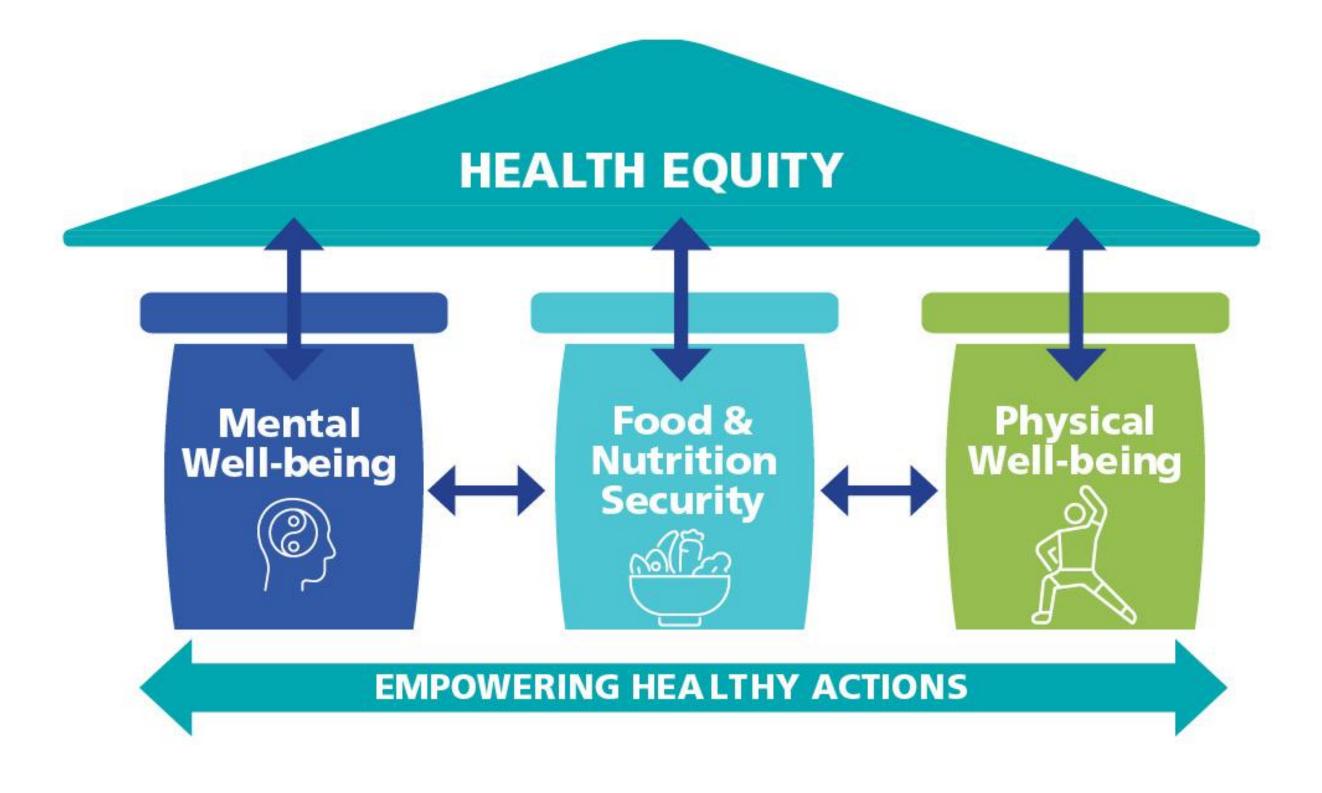
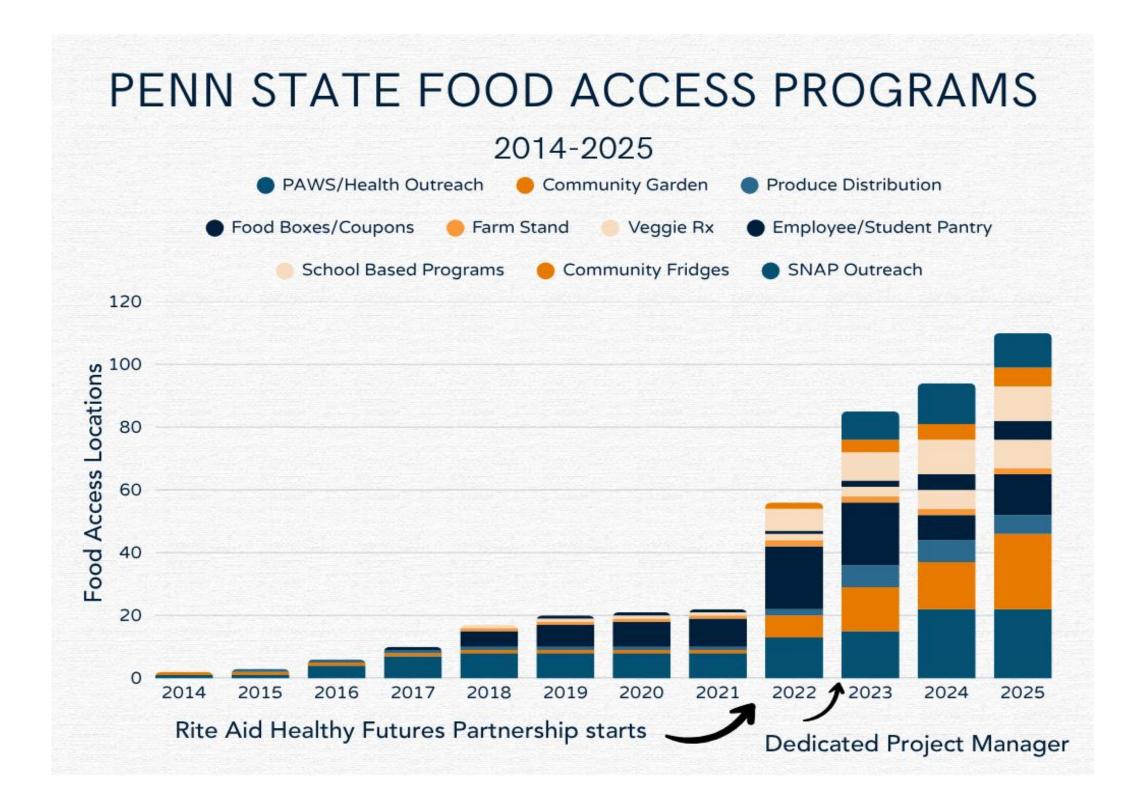
# Community Health Services and Mobile Clinics: Healthcare That Comes to You

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### CHNA Priorities for 2025-2028





115 Penn State Food Access locations, 24 in Lebanon Country = 21% Laurie is Co-Lead of the Lebanon County Food Access Task Force

#### Lebanon Food Access Work in Action

- **Seed Library** at Lebanon Library
  - 1355 seeds given this year
  - Nutrition and garden education
- Community Gardens
  - Chestnut Street Community Center
  - Lebanon County Christian Ministries
  - Salvation Army Lebanon
  - Paloma School
  - Upcoming: Union Community Care
- Community Fridges, Seed to Supper Programming and Farm Stands
  - Chestnut Street Community Center
- PAWS Pantry and Wellness Support 3 locations
- Veggie Rx Classes and SNAP outreach
  - Union Community Care
  - Family First Health
- School Based Programs 8 schools
- Food Boxes PSHMG Palmyra



### Community Health in Action – Lebanon County

#### PAWS – Pantry and Wellness Support

- Community health nurses offer free health education and various screenings, as well as flu shots seasonally
- Served 1,717 community members in Lebanon in FY25
- 3 locations: Lebanon County Christian Ministries, JOY pantry and Caring Cupboard

### Community Flu Clinic

- Held at Lebanon High School each year
- 2024 delivered 568 flu shots last year

#### School Assessments

- Assist with height, weight, vision and hearing screenings at all Lebanon School district schools
- 5,681 students screened last year
- Vision clinic 47 eye exams and 42 glasses delivered in FY25
- Health Outreach at Juniper Village



Emilie is Co-Lead of the Physical Well Being Task Force including Lebanon County





The **LION Mobile Clinic** uses a student-led free clinic model to increase access to health care and proactive health choices for under-resourced communities of Pennsylvania.

#### **Health services provided:**

- Blood pressure screening
- SDH screening
- Preventive health screening
- Tobacco use cessation counseling

- Vaccinations
- Skin and CRC screening
- Health literacy education
- Culinary medicine

Funding: Federal grants, Foundation grants, Penn State Cancer Institute, Penn State CTSI, University Park Regional Campus

### LION Mobile Clinic

Fleet: 3 Trucks + 2 Airstream Units

Established 2022

#### **Health Impact**

2,814 Clinic Visits

10 + Events with skin, CRC

>800 Immunizations
Given



**Education Support** 

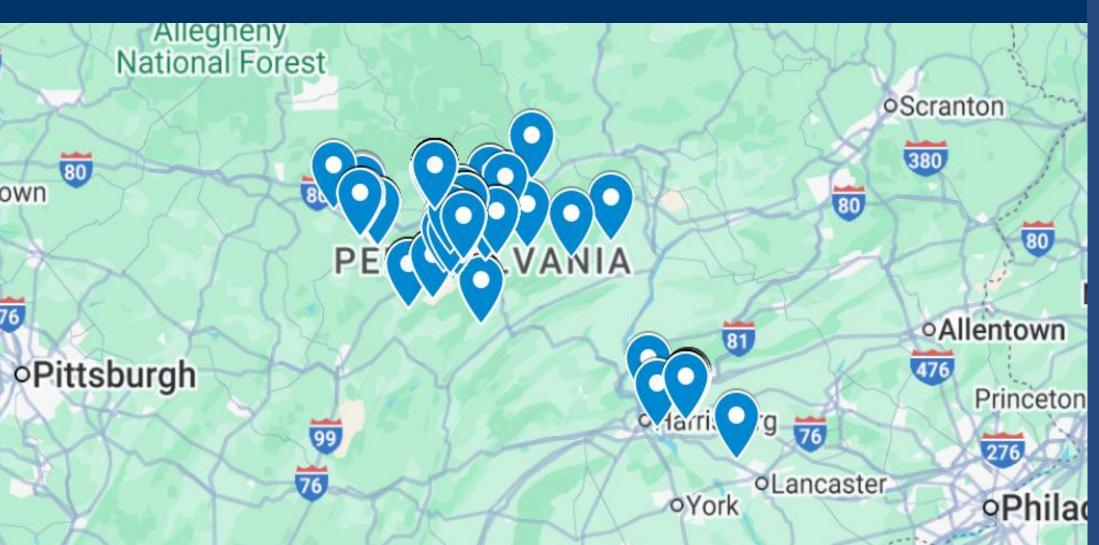
3,000+

Hours of education and outreach to the communit

**101** Events

>100

Student receiving course credit, volunteer hours or internship experience

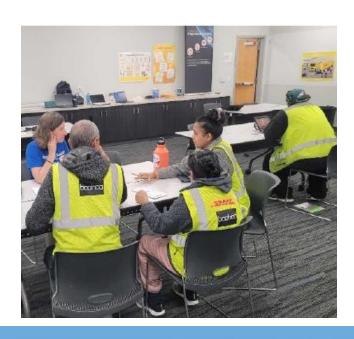


### "Tailgate Medicine"



### Wellness at Work

- Studies show that healthy employees contribute to stronger workplaces and communities.
  - Improved quality of life and health outcomes
  - Reduced health care cost
  - Improved productivity
- In 2024, the Office of Community Outreach and Engagement at Penn State Cancer Institute began to offer inperson health education and some cancer screening services to employers in central Pennsylvania.
  - 8 events (2 in Lebanon) with 826 educated employees
  - 104 employees received CRC screening (at-home FIT kits)









### Wellness at Work

Penn State Cancer Institute is partnering with employers to provide opportunities for cancer prevention, screenings, and primary care at workplaces:

- Host health events with LION Mobile Clinic
- Offer in-person or virtual educational health presentations
- Provide educational materials and resources
- Assess interest in programs and solicit ideas
- Create tailored worksite wellness plans



## Thank You!

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