

LCCHSA 3-12-21 Membership Meeting:

Officers Present: Holly Dolan, President; Ashlee Martin, VP; Flame Vo, Secretary

Officers Missing: Josh Mountz, Treasurer

Members Present: See below.

Council News:

I. **Welcome and Introduce Exec Committee**

- a. We usually meet at Hebron, and look forward to being able to do that again.
- b. Circulate scholarships and awards, due April 9. Available on our [website](#).
- c. Please submit your membership application, regardless of if paying optional membership fee.

II. **The Basics of Lebanon Valley**

Presented by Holly Dolan

- a. First Basics program in Pennsylvania! About 35 total across the country.
- b. Basics is a program of Connected Together
 - i. Vision: Kindness is a way of life.
- c. Connected Together is comprised of many agencies throughout
- d. The Basics can help us build healthy relationships, and ultimately help create a trauma informed community.
- e. The Basics can help us bridge the achievement gap.
- f. ALICE: Asset Limited, Income Constrained, Employed: Report spearheaded by UWPA, folks who are above federal poverty line but still do not earn enough to make ends meet.
 - i. Poverty is a risk factor to poor outcomes for children and families. 37% of Lebanon County households are either in poverty or ALICE.
 - ii. You can find the Lebanon County ALICE report [here](#).
- g. The Science:
 - i. 80% of brain growth happens in the first three years. Development skills gaps by age 2.
 - ii. Kids in “professional” higher-income words learn 30 million more words by the age of three vs. families receiving public assistance
 1. Quality of words is just as important as number of words. Praise vs. negative feedback.
 - iii. Skills gap starts by age two, but continues to grow. By age 17, 3-4 years behind their peers.
 - iv. Brain pathways are built and strengthened through The Basics.
- h. What are The Basics: Five fun and simple tools for parents and communities to gives every child a strong start.
 - i. Maximize Love, Manage Stress
 - ii. Talk, Sing, and Point
 - iii. Count, Group, and Compare
 - iv. Explore through Movement and Play
 - v. Read and Discuss Stories
- i. The Basics Approach: Saturate the community to make life the program. Use normal things throughout the day to connect to the five tools.
- j. Be The One:
 - i. Uses the tip sheets with the parents to have them integrate one thing per week. By showing the simplicity, they realize they can use what is already a part of their life. i.e. count all of the “B”s you see in the cereal isle. Parents are enthusiastic that they already have what they need to be able to successful doing this with their children.
- k. We already have many places that are starting building this into their programs. How can we continue to saturate this into Lebanon County?
- l. **Basics videos and resources are available [here](#). Videos are also available [here](#).**
- m. **[Social Media toolbox](#): two posts for each of the five basics.**

- n. Flyers: Reach out to Mike Ritter for physical flyers. Double sided in English and Spanish.
- o. Homework: How will you incorporate this into your own work? Please fill out this survey and share the social media posts.
- p. Once we are saturated in the community, we can move onto utilizing the text messaging services.

Discussion:

- Melanie Wells: Maybe opportunity with Go Lebanon? Monday Markets?
- LSD: K4 registration distribution

Agency Updates:

Community Action Partnership: Community Rental Assistance Program. If folks can't access the website, pick up English or Spanish applications at our agency. Cannot come in, must wear mask.
lebanoncountyrnthelp.com

WellSpan: Kmart is the mass vaccination site. Recruiting volunteers for the Hope Squad to help.
<https://www.wellspan.org/covid19/i-want-to-help/volunteer-with-the-covid-19-hope-squad/> 10lb Throw Down starts on Monday, 10/15. www.10poundthrowdown.com

Recovery Insight: Peer support organization. Seeking referrals in Lancaster and Lebanon, no wait list. Video chat options are being started.

Rafael: works case management with disabled, incarcerated, homeless veterans or those transitioning out of military. Working remotely, office currently closed.

- Rafael Torres Veterans Outreach 717-376-4355 | rtorres@pa.gov
- Lebanon Pa CareerLink (Job Center) 717-274-2554

LutherCare for Kids: Pre-K is full.

DVI: Resilience Reads Book Club starting soon. See flyer in resource table.

Lebanon School District: K4 registration starts in high school 4/19-4/30. Will be in person in the cafeteria.

LCCM: Grant funding available via CoC. About \$3k still available. If you have a creative way to prevent homelessness, such as car breakdown preventing transportation to work, etc. Email Bryan Smith. Monica asked re: friend who is now unable to afford her rent due to loss of husband. Could be possible assistance available.

MH/ID/EI: sponsoring training called Foster Resilience on May 5. Birth to age 7. See flyer in virtual resource table.

Disability Empowerment Center: opening up monthly presentation of services available. See flyer in resource table.

Area Agency on Aging: still closed, open by appointment only. All tax appointments are full.

IU13: Recruiting for fall Head Start. Hoping to be regular hours. Job available for Early Headstart Home Visitor.

SARCC: Trans and non gender education group – 13 youth participants. Support Group for Nonoffending caregivers is halfway finished - 3/15, will be launching in Spanish.

Gateway Health: Gateway is hosting their Mobil health tour. If you're interested in having the Mobil health tour at you site or if you have a site in mind please let me know. Diana Escalante,
Descalante@gatewayhealthplan.com, 717-512-8139

LVC: Looking to connect with local agencies. Reach out to Jen, liedtka@lvc.edu.

Lebanon Family Health: Two Freedom from Smoking classes start soon. Hybrid (in person and online). See flyer.

United Way: Registration is now open for Day of Caring volunteers. Blood drive being held that day at the YMCA gym. Breakfast and Spring Into Reading will be drive through events at the UW office on Cumberland St. Reach out to Flame if you want to include anything in the bags (200) for Spring Into Reading. Holding “Community Conversations” about child abuse live on our Facebook page. You can watch the first one [here](#). Upcoming episodes at noon on 3/19, 4/9, and 4/16. <https://www.unitedwaylebc.org/2021-day-caring>

Attendees

Lori	Brandt	Albright LIFE
Ruby	Robinson	Amerihealth Caritas Pennsylvania
Paula	Moyer	Disability Empowerment Center
Mike	Ritter	DVI
John	Cordes	Hebron United Methodist Church
Susan	Fisher	IU13
Kristina	Slick	IU13
Bryan	Smith	LCCM
Soledad	Arroyo-Silva	Lebanon Community Action Partnership
Kathleen	Dugan	Lebanon County Area Agency on Aging
Rafael	Torres	Lebanon County Disabled Veterans Outreach
Toni	Henning	Lebanon School District
Tia	Bergman	LutherCare for Kids
Jen	Liedtka	LVC
Bella	Calderone	LVC student
Kaylee	Haws	LVC student
Monica	Boyer	MH/ID/EI
Caitlin	Lockard	Power Packs
Sarah	Agnew	Recovery Insight
Tatianna	Garcia	SARCC
Britanny	Ponessa	TW Ponessa & Associates
Melanie	Wells	WellSpan
Lorita	Valente	LutherCare for Kids
Brooke	Smith	United Way
Roberta	Ventrillo	WellSpan Dixon Foundation Health Center