

Lebanon County Council of Human Service Agencies

LCCHSA Membership Meeting:

Officers Present: Holly Dolan, President; Ashlee Martin, VP; Josh Mountz, Treasurer; Flame Vo, Secretary

Officers Missing: None

Members Present: See below.

Council News:

I. **Welcome and Introduce Exec Committee**

- a. [Website](#) is updated for 2021. Schedule of presentations will be updated as they are scheduled.
- b. We will stay virtual until safe, maybe late spring. Today's link is the same link each month. Registration is helpful so we can organize the meetings.
- c. All forms are on our website.
 - i. Please fill out the membership application so we have accurate information. Dues are optional per our new model. Dues help us pay for our scholarships and awards. Deadline is 1/31/21.
 - ii. Award applications are posted. We're now accepting applications.

II. **General Membership Meeting Reminders**

- a. **Connected Together:** Trauma informed community council. Meeting since early 2019. Our vision is that Kindness is a Way of Life. Healing and preventing trauma is based on healthy, compassionate relationships and connections. Utilizing the [ACES model](#) of prevention.
 - i. Connected Together/Violence Prevention
 - ii. The Basics Lebanon Valley: First community in all of PA to adopt [the Basics principles](#), developed in Harvard.
 - iii. Promotion of trauma informed education and training. To professionals AND regular citizens.
- b. **Fitzroy Lewis, Community Violence Prevention:** PCCD grant awarded 2-year Community Violence Prevention Grant. Working to mitigate the harmful impacts of early trauma and adversity in Lebanon County. Many agencies are working with individuals experiencing trauma. We want to be able to address the root causes long-term instead of only dealing with the current symptoms of trauma as they are presented.

Initial communities to reach out to were decided based on ALICE data (Asset Limited, Income Strained, Employed,). Federal poverty guidelines do not address the income and cost of living within the actual communities where individuals and families live, making the numbers seem less for the federal poverty guidelines. Many more are one adverse situation from economic disaster. This correlates directly to violence in communities:

- i. **Mobile Trauma Therapy:** Free for community members who need it and cannot afford it. Taking the services TO the clients in a private, safe space - breaking barriers to transportation. [Self referral and agency referrals accepted.](#)
- ii. **EMDR Training:** getting more mental health providers trained and certified. Proven to mitigate trauma symptoms and increase the success and decrease the length of therapeutic interventions overall.
- iii. **Create Connected Together Teams (Community that Cares):** 8-12 community leaders within the four communities. This "Board" will develop a community profile of risk factors, assets available, etc. Based on these findings, a plan will be developed including evidence-based solutions. Empowers the community to be a part of solutions to address their own unique

challenges instead of expecting someone else to do it, or find solutions that already exists. So what can you do? Think about the work that you do or what you are passionate about that can make a difference. Or think of those that you know. Reach out to Fitzroy to discuss.
flewis@sarcclebanon.org

Introductions and Agency Overviews:

Child Care Consultants: currently working on getting remaining PPE supplies ordered for suppliers.

Disability Empowerment Center: Work with individuals with disabilities from birth to passing.

Head Start: Still taking applications for this year, especially in the City. No waiting list. 3-4 years old. Next year starts late February. Call if you have families interested

ELRC: Still seeing clients virtually for now.

LCCM: Noon meal is still happening. Funding of \$7,000 for homelessness prevention; about half left. If you have a client(s) that have a situation that could help to avoid homelessness, contact Bryan. Ex: Have used for medication so someone could pay rent. Think outside the box.

MH/ID/EI: Training with Mike Ritter - Fostering Resilience from Birth – Age 7. Hoping to be in person on May 5. Flyer in handouts.

LINK: Brian is still here, likely 2-3 months. LINK meetings 1st Friday every month, mornings. Webinar next week on how to enroll in VA. Events posted on website. Likely will be virtual remainder of the year.
<https://berkslancasterlebanonlink.org/>

Luthercare for Kids: Still have one opening in PREK Counts classroom.

P.R.O.B.E.: still receiving clients by appointment. No class schedule for this month.

Recovery Insight: still accepting referrals. Have some new hires. Conducting appointments over the phone. Contact Sarah Agnew if you need more info.

SHIFT: Started org last year for adolescents to prevent homelessness. Moved first client into an apartment last week.

WellSpan Healthy Community Network: Helps with healthy care card for un/underinsured with balance. Helps to sign up for medical assistance. ACA enrollment deadline is 1/15 for insurance to start of 2/1. Offers direction to other agencies for social services. Mostly virtual services.

Welsh Mountain: Currently taking inhouse and telehealth patients. Working towards merger with Lancaster Health Center, likely this month. COVID Vaccine event tomorrow from 8-1 for medical and emergency response (group 1a). Likely mid-Feb. for next groups to start.

WellSpan: Virtual wellness program kicked off. See info in handouts. Must register to participate.

CompassMark: Family services advocate program temporarily halted due to funding running out. Received new grant, looking to bring on someone new for the program.

LGH: new CEO begins 3/1, John Herman from New Orleans. Penn Medicine has vaccinated 20,000+. Still testing, still seeing patients.

United Way: Day of Caring is in planning stages. About half of the items have been purchased for the Comfort & Care kits to help children in the ER in mental health crisis.

Lebanon Family Health: All services open, modified for COVID as necessary for safety and per CDC guidelines. All education programs are being done online. Tablets are available to be used onsite for folks who do not have digital access. Freedom from Smoking, Diabetes Prevention (English/Spanish)-for prediabetic (not diagnosed diabetic), Parenting Classes.

AmeriHealth: Still working from home, reaching members remotely.

Members Present

Bea	Prosseda	Child Care Consultants
Paula	Moyer	Disability Empowerment Center
Mike	Ritter	DVI/Connected Together
Sonia	Bingeman	ELRC of Lancaster/Lebanon County
Susan	Fisher	Lancaster-Lebanon Intermediate Unit 13
Bryan	Smith	LCCM
Monica	Boyer	Lebanon County MH/ID/EI
Karen	Unger	Lebanon County MH/ID/EI
Brian	Long	LINK
Tia	Bergman	LutherCare for Kids
Lorita	Valente	LutherCare for Kids
Admary	Vargas	P.R.O.B.E.
Sarah	Agnew	Recovery InSight
Fitzroy	Lewis	SARCC
Jolyn	Foltz	SHIFT
Lee	Smedley	Support Connections
Roberta	Ventrillo	Wellspan Dixon Foundation Health Center
Melanie	Wells	WellSpan Good Samaritan
Krystal	Blake	Welsh Mountain Health Centers
Tia	Bergman	LutherCare for Kids-Annville