

COVID POSITIVE OR WAITING FOR TEST RESULTS? WHAT NOW?



LEBANON COUNTY RESOURCE GUIDE

IF SOMEONE IN YOUR HOME IS SICK

Sick or not, this applies to everyone at home.

DO:

- stay at home
- identify a "sick" room
- cover coughs and sneezes
- wash hands frequently
- clean surfaces often
- monitor symptoms
- stay in touch with your doctor

DO NOT:

- run errands
- use public transportation
- shop for groceries
- touch your face, nose, or mouth
- share personal items
- allow visitors

SEEK IMMEDIATE MEDICAL ATTENTION IF:



- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion or disorientation
- Bluish lips or face

FEELING SAD, NERVOUS, OR ANXIOUS? WE ARE HERE TO TALK.

PA Mental Health Support Line, 24/7 at 1-855-284-2494

WellSpan Philhaven, 717-812-5405

Lebanon County Crisis, 717- 274-3363 or Text "PA" to 741741



**HOUSING
ASSISTANCE**



**INCOME SUPPORT/
ASSISTANCE**



**UTILITY
ASSISTANCE**

2-1-1

Get Connected. Get Help.™

LOCAL RESOURCES WITH NO-CONTACT DELIVERY

If you have been asked to self-isolate, please do not leave your home.

Grocery:

- **Aldi, Lebanon County**
shopaldi.us
- **Giant Direct, Lebanon County**
www.peapod.com
- **Harper's Produce, Lebanon County**
717-823-1950
- **Weis Markets, Annville/Palmyra**
www.weismarkets.com
- **Zweiers, Lebanon County**
717-450-4010
- **www.instacart.com**
- **www.shipt.com**

Restaurant:

- **Bella Pizza**
717-628-8875 - Richland,
Newmanstown, Shaefferstown
- **Domino's**
717-277-7000 - Lebanon
717-970-7000 - Myerstown
- **Just Wing It**
717-270-9464 - Lebanon
717-867-9464 - Annville
- **Pucillo's Pizza,**
717-273-8579 - Lebanon, Richland,
Cornwall, Myerstown, Cleona
- **Rotunda Brewing**
717-867-0113 - Annville,
Cleona, Palmyra
- **doordash.com**

Pharmacy:

- **www.riteaid.com/pharmacy**
717-228-2289 - Cleona
717-273-2281 - Cumberland St.
717-273-7687 - 9th St.
717-838-8878 - Palmyra
- **www.cvs.com/pharmacy**
717-273-9373 - Cumberland St.
717-274-1463 - Bowman St.
717-273-7824 - Quentin Rd.
717-838-8242 - Palmyra

To be added to this list, please email nicolem@communityhealthcouncil.com

FOOD EMERGENCY?

- **Lebanon County Christian Ministries**
Serving Lebanon County
717-272-4400
- **The Caring Cupboard**
Serving Palmyra and Annville Area
717-838-9493 or shila@caringcupboard.org
- **Joy Food Pantry**
Serving Northern Lebanon County
joypantry.org

Neighbors Helping Neighbors

FREE pickup and delivery
services for residents
65+ and/or immuno
compromised

Email:
Lebanon@LCBCCChurch.com