

LEBANON COLLABORATIVE NETWORK

presents...



THE 7TH ANNUAL CULTURAL DIVERSITY WORKSHOPS

Wednesday, August 5, 2009

7:30 am – 4:30 pm

Lebanon Valley College

Annville, PA 17003

KEYNOTE SPEAKER

Sari Trachtenberg, MA, CCS, LPC

Sari Trachtenberg, a native New Yorker who has been in Pennsylvania since 1966, has learned about multiculturalism from those around her. Her interest in others has led her to travel extensively noting the different cultural nuances of individuals in their native lands as well as how these ways of being into their "Americanized" style of culture.

Sari completed her undergraduate work at Syracuse University and her graduate work at Temple University. While at Syracuse and at Temple University she participated in field research and explored various drinking styles of socialization in neighborhood bars.

Presently, Ms. Trachtenberg is the Program Coordinator at Thomas Jefferson University Narcotic Addict Rehabilitation Program where she has been since 1996. Prior to joining her present organization, she was Division Director at Horizon House and directed residential, intensive outpatient, outpatient and homeless outreach programs. For twenty years prior to coming to Horizon House, she had been at Jewish Employment and Vocational Services where she attained the position of Director of Professional Services which included oversight of bi-lingual, bi-cultural programming for their substance abuse program.

Sari Trachtenberg has been adjunct faculty at Thomas Jefferson University, Department of General Studies, and presently is adjunct faculty at both Community College of Philadelphia and Alvernia University. In addition, she is a certified trainer in several areas for the Commonwealth of Pennsylvania, Bureau of Drug and Alcohol Programs and the Department of Health, Division of Infectious Disease. She is a popular trainer in many areas including Cultural Competence.

Ms. Trachtenberg is the recipient of the Dole-Nyswander – "Marie" award for contributions to the field of Methadone and a service award from IRETA for contributions to the field of substance abuse.

Keynote Topic:

["Treating the Person, Treating the Culture" – 1 CE hour offered](#)

8:45am – 9:45am – Leedy Theatre

"Treating the Person, Treating the Culture" examines cultural and diversity factors, helping the helping professional develop sensitivity to these factors and learning strategies to attend to culture and diversity in group, family and individual interactions. As an examination of the immigration experience, its effects on the use and abuse of substances, and techniques useful in treating these groups will be highlighted. Each person, client or staff bring with them their cultural values, icons, sensitivities, and the meanings they attach to various aspects of their lives. These key factors need to be understood for the establishment of an authentic relationship and an understanding of their relationship to substance abuse. Developing cultural sensitivity begins with becoming aware of one's thoughts, behaviors, and attitudes that are culturally insensitive, biased, prejudiced, and/or stereotypical. Explored will be definitions of ethnic groups, race, other group identifications, prejudice and stereotyping. Factors to be considered include the need to accept within group differences, as well as between group differences. There will be a discussion of the skills necessary for competence. These include openness to experiencing the varied impacts of culture and diversity on the individual member with sensitivity to recognizing the positive and negative aspects for that member. There is a need for acceptance of differences as worthwhile and valid, and a tolerance for these differences that does not carry an evaluative aspect of their being good or bad, right or wrong. Respect for the validity of differences in perspectives, worldview and even values as well as communication skills will be discussed.

WORKSHOP PRESENTERS

Sari Trachtenberg – Keynote Presenter

Workshop (1 - 2hour Session, Afternoon; 1:30 pm –3:30pm) Course#201– 2 CE hours offered
“Cultural Issues in Substance Abuse Counseling”

To understand the cultural, social, political and economic forces affecting substance abuse among Hispanic American, African American, Asian Americans/Pacific Islanders, and Native Americans/Alaska Natives is of paramount importance to working in the United States. These four racial and ethnic groups not only make up about a quarter of the total population in the United States, but also constitute the fastest growing segments of the population. This workshop will explore minority group experiences, self-identification, and access to health care, help seeking/folk medicine behaviors, treatment needs, cultural interpersonal values and treatment delivery. Cultural themes in development of culturally competent programs will emphasize the importance of family structure, cultural healing and spiritual belief.

Michelle Gwinn Nutter

Michelle Gwinn Nutter is a Safe Schools Coordinator for the Center for Safe Schools and is a Pennsylvania-certified teacher. Prior to joining the Safe Schools Team, she was a Civil Rights Investigator with the Pennsylvania Office of Attorney General. During her 10 years with that office, she conducted presentations to schools, communities and law enforcement departments on the topics of: organized hate groups; hate crimes; school-based harassment; prejudice reduction; diversity; gangs; terrorism awareness; and 1st Amendment Issues. As a Safe Schools Coordinator, Michelle continues to provide technical assistance to schools and communities on these issues by speaking at various workshops, conferences and teacher-in-service trainings and student assemblies.

Workshops; 2- 2 hour Sessions – (Morning; 10:00am – 12:00am) Course # 101
& (Afternoon; 1:30pm – 3:30pm) Course #202

(*please note that the morning and afternoon workshops are the same workshop)

“Hate Group Recruitment: Targeting Kids and Teens”

This workshop will provide details on how hate groups target at-risk children and teens and entice them into joining these violent, racist groups. Participants will review websites, white power rock music and racist video games which are used to lure disenfranchised youth into becoming part of the hate group movement.

Emily Porter

Emily Porter is a Muslim woman living in the Harrisburg Area. She works full time as an engineering technician and is currently studying architecture and Arabic. As an active member of the local Muslim community, she regularly participates in interfaith dialogue, community activism and educational outreach. She has lectured on Islam’s historical, spiritual and political development, as well as Women in Islam and cultural distinctions within Muslim communities.

Workshops; 2 – 2 hour Sessions - (Morning; 10:00am-12:00pm) course # 102
& (Afternoon; 1:30pm – 3:30pm) Course # 203 – 2 CE hours offered per workshop

(*please note that the morning and afternoon workshops are the same workshop)

“Islam in your Backyard”

There are thousands of Muslims in Central Pennsylvania, and well over a billion throughout the world. Far from being a uniform society, Muslims vary greatly based on their upbringing, education, political climate and personal beliefs. This workshop will attempt to explain what it means to be a Muslim, as well as the similarities and differences Muslims share with non-Muslims and with each other. We will also take a look at local Muslim communities to gain an understanding of the roles Muslims play in their own communities and in society as a whole.

Norma Iris Gonzalez and Fred Shattls

Norma Iris Gonzalez is of Puerto Rican descent and is third generation, having been born and raised in Lebanon County. Ms. Gonzalez graduated from Lebanon Valley College with a Bachelor's in Sociology. She currently is working with Pennsylvania Counseling Services as a Family Based Mental Health Worker and enjoys working with families in the Lebanon County area. She is presently enrolled in the Master's Program with Capella University majoring in Marriage, Couple and Family Therapy.

Fred Shattls serves as the Director of the Lebanon School District's English to Speakers of Other Languages Programs. He has taught ESL to English language learners ranging in age from kindergarten to adults primarily in the Lebanon School District. He has also taught ESL in Cornwall-Lebanon High School and earned his Bachelor's degree at Penn State. He completed graduate work in the fields of bilingual education and English as a second language at Temple University, El Centro De Estudios Avanzados de Puerto Rico Y El Caribe, Penn State, and La Universidad De Turabo. Teaching certifications include secondary social studies, Spanish & ESL, Program Specialist. Although Fred has experience teaching students from many countries, he primarily works with Hispanic students. He attributes his knowledge of the Hispanic culture to his interaction with the students and their families.

Workshop (1 – 2 hour Session – Morning; 10:00am – 12:00pm) Course #103

"Orientation on Understanding the Hispanic Community"

In this workshop, we will provide an overview of the Hispanic Cultures in the area. Participants will learn about issues related to diversity, language, names, statistics, non-verbal communication, racial, linguistic, and nationalistic terminology. This workshop will also provide strategies for better understanding our emerging Hispanic Culture and why they move to Lebanon. In addition to the presentation there will be time for discussion and questions.

Workshop (1 – 2 hour Session – Afternoon; 1:30pm – 3:30pm) Course #204

"A Deeper Understanding of Our Hispanic Community"

This workshop will provide an in-depth view of the items covered in "Orientation on Understanding the Hispanic Community" with additional topics being introduced. To have the necessary information to understand this presentation, it is strongly suggested that participants attend either the morning session or the session from last year in order to have knowledge, concepts and vocabulary that will be used by presenters. Topics pertinent to the Hispanic condition in Lebanon will be presented. This session will allow for free discussion, handouts will also be provided. *(Pre-Requisite: Attendance at last year's 1-hour workshop or registration for this year's 2-hour workshop in the morning session)*

Gene Kelly, MS

While not the most difficult experience, working through his own coming out propelled Gene Kelly to research the needs and issues of gay, lesbian, bisexual, transgender and queer individuals across the life span. He has helped many individuals answer the question "Who am I and where do I fit in American society as a LGBTQ person?" through his work assisting in or coordinating services for this newly-emerging population on three vastly different college campuses. In his work as a higher education professional, he has researched and presented on topics such as creating safe residence hall environments for LGBTQ persons, reducing heterosexism and homophobia on campuses, LGBTQ issues and the admissions process, inclusive leadership, and developing safe zone programs at regional and national conferences sponsored by organizations such as the American College Personnel Association, and the National Association for the Multicultural Education. He co-founded the Lebanon Valley College Social Justice Institute in 2008 and has been honored for his advocacy work on multiple college campuses. Gene earned his master's degree in Higher Education Counseling from West Chester University in 2003, most recently served as the Associate Director of Student Activities/Coordinator of Student Engagement and Leadership at Lebanon Valley College, and is currently a Senior Consultant with Perceptions Unlimited.

Workshops; 2-2 hour Sessions - (Morning – 10:00am-12:00pm) Course #104

& (Afternoon – 1:30pm-3:30pm) Course# 205 - 2 CE hours offered per workshop

(*please note that the morning and afternoon workshops are the same workshop)

"It's Not Just Yelling "Homo"; Recognizing, Responding to and Reducing Heterosexism and Homophobia"

Picture it – it's Monday morning, you've walked into the office and a co-worker asks about your weekend, typical Monday morning banter right? You say it was relaxing, you just stayed home and watched movies with a friend. She peppers you with more questions that you know you can't answer because if you tell her that your friend is actually your partner of over three years, things might change so you smile politely, walk into your office and shut the door (in more way than one.) Is this homophobia? Why? Why not? By first creating a common ground around gay, lesbian, bi-sexual, and transgender community, participants will engage in discussions about how they see homophobia and heterosexism reflected in their lives and how to respond to it.

David Weaver-Zercher, Ph.D

David is a professor of American religious history and chair of the Department of Biblical and Religious Studies at Messiah College in Grantham, Pa. A nationally recognized expert on the Amish, his commentaries on Amish life have been featured in a variety of media, including BBC Radio, National Public Radio MSNBC, USA Today, Newsweek, and the Washington Post. He is the author of numerous books on Amish life, including *The Amish in the American Imagination* (John Hopkins, 2001) and the prize-winning *Amish Grace: How Forgiveness Transcended Tragedy* (Jossey-Bass, 2007)

Workshops (2 – 2 hour Sessions – Morning; 10:00am – 12:00pm) Course #106
& (Afternoon; 1:30pm-3:30pm) Course # 207 – 2 CE hours offered per workshop
(*please note that the morning and afternoon workshops are the same workshop)

"Understanding Amish & Mennonite Life"

The Old Order Amish are one of America's most recognizable religious groups, but their unique lifestyle raises many questions in the minds of those who observe them. This session will explore the historical roots, theological foundations, and contemporary cultural practices of the Old Order Amish. In addition to considering diversity within Amish life, it will outline similarities and differences between the Amish and their Mennonite "cousins." Time permitting, this session will conclude with an exploration of the Amish response to the Nickel Mines school shooting in October 2006.

Lentha Zinsky, MS, CT

Lentha has two daughters, Carla and Sara, and has been married to her husband, Mick for 20+ years. Her family has given her support and inspiration as well as a few career opportunities.

Lentha is a certified member of the Registry of Interpreters for the Deaf and has been a professional sign language interpreter since 2000. She has interpreted in college, mental health, employment, medical government and court settings. She recently received court certification from the Administrative Office of the Pennsylvania Courts.

Lentha has a Masters degree in Education of the Deaf from Bloomsburg University. She is a strong advocate for the communication accessibility and has provided a number of trainings regarding the Rehab. Act, ADA and the use of interpreters in various settings.

Workshop (2-2 hour Sessions – Morning; 10:00am – 12:00pm) Course # 107
& (Afternoon; 1:30pm-3:30pm) Course # 208 – 2 CE hours offered per workshop
(*please note that the morning and afternoon workshops are the same workshop)

"Understanding Deaf Culture, Communication and Interpreters"

The goals of this presentation are to:

- Introduce participants to Deaf Culture
- Clarify common misconceptions
- Explain laws governing communication accessibility
- Explain the role and responsibility of a Sign Language Interpreter
- Provide resources for additional information regarding the topics discussed

Barbara Miller

Barbara Miller is certified to train Cultural Competence to service providers through Temple University and has presented at several state conferences and the past three National Community Action Conferences. To date she has trained over 850 case managers, mental health workers, and drug and alcohol providers as well as other professional organizations. Ms. Miller also does other trainings on a variety of topics and is available for staff development and case manager training. She is a graduate of Lakeland College in Sheboygan Wisconsin with a BA in Sociology, and was raised in Hamilton, Ohio. * An additional short piece on the importance of film and how it can be used to develop understanding of other cultures will also be included in this workshop

*Ms. Miller has been doing workshops for the past 25 years. Her workshops are interactive, fun and they make you think!
What better way to inspire employees than to make them laugh!*

**Workshops; 2 – 2 hour Sessions – (Morning; 10:00am – 12:00pm) Course # 108
& Workshop (Afternoon; 1:30pm – 3:30pm) Course # 209 – 2 CE hours offered per workshop
(*please note that the morning and afternoon workshops are the same workshop)**

“Cultural Diversity from the Inside”

Understanding diversity, as it pertains to the help of seeking behaviors of our consumers, will be examined by helping participants understand their own culture and the impact it has made in their lives. Understanding one’s own culture increases the ability to be sensitive to the needs of the consumer and encourage participation in programs and treatments that can promote progress towards self sufficiency. As we learn to understand ourselves, it highlights where our own prejudice might be and how we can effectively deal with them while working with a diverse population.

Evelyn (Crow Woman) Lane, Chuck (Gray Bear) Lane & Daryle (Soaring Hawk) Deidrich

Evelyn is of Cree descent and is an adopted member of the Runningbear clan of the Lakota nation. Evelyn was given the name Crow Woman for her habit of sitting and watching before she speaks or acts. Evelyn’s insight into the American Indian Culture, coupled with her training in Human Services makes her an ideal elder looked to for advice on a wide variety of subjects.

Chuck is an adopted member of the Runningbear clan of the Lakota nation. Chuck is a military veteran and as such is considered a warrior. Because of his ability to talk to people and with people, makes him sought out as an elder and public speaker.

Daryle is an elder and member of the Chircaua Apache. He is well known in the American Indian Community for his story telling, his wide ranging knowledge of history, and his understanding of the American Indian culture

**Workshops; 2-2 hour Sessions – (Morning; 10:00am – 12:00pm) Course # 109
& Workshop (Afternoon; 1:30pm – 3:30pm) Course # 210**

(*please note that the afternoon session is a continuation of the morning session)

“American Indians – Yesterday to Tomorrow”

Morning Session Course #109 Outline:

ALCOHOLISM AND DRUG ABUSE AMONG AMERICAN’S URBAN INDIAN POPULATION

A Brief History

Statistics – handouts

Reasons – What are some of the underlying causes? Why are these causes perpetuated in a modern society?

Possible Answers – Education about the issues; Education of our own people to the difference in cultures,
Solution is not always through the government.

SUICIDE AMONG AMERICA’S URBAN INDIAN POPULATION

Definition of a true Warrior – one who brings change to people

Suicide Statistics with Comparisons – General population, American Indian Population, African American Population, Hispanic Population, Women, Veterans (Handouts)

Reasons – What are some of the underlying causes? Why are these perpetuated in a modern society?

Possible Answers – Education about the issues; Education of our own people to the difference in cultures,
Solution is not always through the government.

Afternoon Session Course #210 Outline:

TRANSITIONING FROM YESTERDAY TO TOMMORROW

The main road that MUST be traveled in EDUCATION – We must bring our traditions with us, We must bring our Heritage with us (of these two heritage is most important)

We must first educate ourselves, we must then educate others, we must learn the cultures of others

WORKSHOP TIMELINE

7:30 am – 8:30 am – Registration & continental breakfast (*breakfast is provided with paid registration*)
8:30 am – 8:45 am – Welcome: James Fleton
8:45 am – 9:45 am – Keynote Speaker: Sari Trachtenberg
9:45 am – 10:00 am – Break
10:00 am – 12:00 pm – Session #1
12:00 pm – 1:30 pm – Lunch/Networking (*Lunch is provided with paid registration*)
1:30 pm – 3:30 pm – Session #2
3:30 pm – 4:30 pm – Door Prizes/Entertainment feature

TARGET AUDIENCE: These workshops are intended for anyone working with children, adolescents, and adults in any capacity such as: Human Services, Medical Professionals, Child Care Providers, and School Staff.

PURPOSE: The purpose of these workshops are to facilitate improved understanding, compassion, and appreciation for those of various cultures and abilities in our community. Various vendors will be available to distribute information on their agencies and programs available in the community.

OBJECTIVES: Develop cultural awareness in the community; provide practical ideas and information for working with different cultures and abilities, and to initiate development of a local resource network.

- Certificates of Attendance will be provided.
- **ACT 48 CREDITS & .5 GENERAL EDUCATION CEU'S ARE OFFERED. THEY WILL BE SUBMITTED THROUGH THE EXTENSION OFFICE OF PENN STATE UNIVERSITY. SIGN UP SHEETS TO OBTAIN THESE CREDITS WILL BE AVAILABLE AT THE CONFERENCE.**
 - * **PLEASE NOTE THAT YOU MUST ATTEND THE FULL DAY TO RECEIVE THESE CREDITS!**
- **CE CREDITS BEING OFFERED FOR IDENTIFIED PRESENTATIONS FOR PSYCHOLOGISTS, SOCIAL WORKERS, LPC'S & MFT'S. EVALUATION FORMS MUST BE COMPLETED TO RECEIVE CERTIFICATE OF ATTENDANCE. PLEASE SEE THE FOLLOWING WEBSITE FOR INFORMATION RELATED TO CE CREDITS: www.philhaven.org , EDUCATION tab, PROFESSIONAL CONTINUING EDUCATION, CLASS LISTING**

ABOUT THE LEBANON COLLABORATIVE NETWORK

The Lebanon Collaborative Network (LCN) was formed on May 19, 1995 to promote and advance the Lebanon community's ownership of helping children and families. The Network's Mission Statement: "We hope to facilitate this sense of ownership by moving toward a new era of collaboration, by cultivating new relationships and by breaking down old boundaries and barriers. In order to accomplish this, LCN welcomes school, provider, and agency personnel, as well as community leaders, businesses, citizens and governing persons."

The Community Health Council (CHC) is comprised of a wide array of public and private organizations. The Board's Mission Statement is: to identify the under met health needs, to raise awareness and address the issue of substance abuse among youth and ultimately the community-at-large, and to improve the overall health status of the residents of the Lebanon County, PA area through a cooperative community effort. The Corporation will serve as the catalyst for creating, linking and supporting community-based partnerships that engage in activities to improve the health and quality of life of the citizens of Lebanon County.

During Fiscal Year 1997-98, the Community Health Council Board became the "umbrella" of the Lebanon Community Health Council Task Forces and LCN. These units collaborate to undertake changes and policy reforms in the County. The Board oversees and coordinates projects in the county as the head of this collaborative structure. These entities formed a unique partnership to address unmet needs in Lebanon County and improve the community's overall health and wellbeing.

WORKSHOP REGISTRATION FORM

Please list your workshop choices below. Be sure to include the workshop course number, the title of your workshop choice and the name of the presenter. Please be sure to print legibly!

Session # 1 (10:00am – 12:00 pm)

Course # _____
Workshop Title: _____
Workshop Presenter: _____

Session # 2 (1:30pm - 3:30pm)

Course # _____
Workshop Title: _____
Workshop Presenter: _____

Please complete the information below – (* indicates required)

*Name: _____ *Phone #: _____
*Agency: _____
*Address: _____
*E-mail: _____

(Registration confirmation will be done by e-mail)

- Check here for ACT 48
- Check here for .5 general education CEU's
- Check here for professional CE's (psychologist, LCSW, LPC, MFT)

Please mail your registration fee along with this registration form to:
Alisha Fleischer, 283 South Butler Road, Mt. Gretna, PA 17064

*****Registration Deadline is July 22, 2009 –**
Absolutely no registrations will be accepted after this deadline***
*****Due to limited space, no registrations will be accepted at the door*****
Registration Cost: \$35

Payment

- Check # _____ (Please make checks payable to "Community Health Council")
- Cash

Please contact Alisha Fleischer at 270-2486 if you have any questions.

This year's event is funded in part by the Drug-Free Communities Support Program

The Lebanon Collaborative Network thanks Lebanon Valley College for hosting the workshops at their facility this year!

DIRECTIONS TO LEBANON VALLEY COLLEGE

Directions to LVC: <http://www.lvc.edu/information/directions.html>

From Harrisburg: Follow signs to Hershey, Route 322 east to Route 422 east through Hershey to Annville.

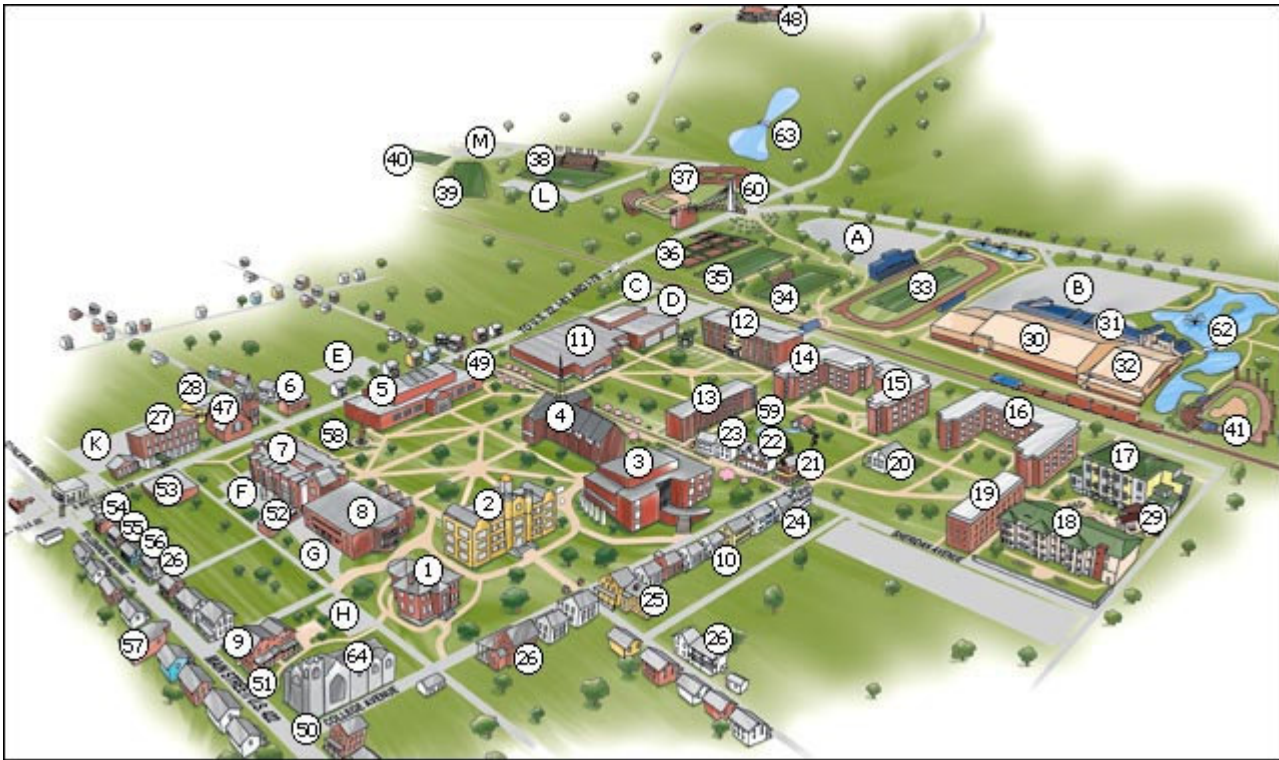
From Lancaster: Route 72 north through East Petersburg and Manheim; Route 322 west to Route 934 north into Annville.

From Philadelphia: Pennsylvania Turnpike west to exit 266/old Exit 20; Route 72 north to Route 322 west to Route 934 north into Annville.

From Reading: Route 422 west through Lebanon into Annville OR Pennsylvania Turnpike west to exit 20; Route 72 north to Route 322 west to Route 934 north into Annville.

Once you are in downtown Annville, go North on 934, the central part of the campus will be to your right. At the first street, which is Sheridan Avenue, turn right, then an immediate left into the parking lot. Mund Hall is the building to the right. You will be able to park behind Mund. Once you enter the parking lot, go straight, then turn right at the next street, then turn right into the enclosed parking lot. If you go up the steps, and to the left, then make a right, you will be at the front entrance of Mund. The President's Dining Room is straight ahead and to the left of the front entrance, right next to the Office of Multicultural Affairs.





11. Allan W. Mund College Center

5. Lynch Memorial Hall – Will Pass on 934

4. Miller Chapel – On Sheridan Avenue if you passed Mund